

## WELLNESS POLICY

The Fitzgerald Public School District is committed to creating a healthy school environment that enhances the development of lifelong wellness practices to promote healthy eating and physical activities that support student achievement and comply with federal regulations as outlined by the United States Department of Agriculture Local Wellness Policy requirements established July 2016.

<sup>1</sup> Alliance for a Healthier Generation Model Local Wellness Policy 2016

<sup>2</sup> Local School Wellness Policy Implementation Under the HHFKA: Summary of Final Rule

<sup>3</sup> Michigan Department of Education, Michigan Health Education Grade Level Content Expectations

<sup>4</sup> Michigan Department of Education, Michigan Merit Curriculum Guidelines for Health Education, V.1.07

the school campus including, but not limited to, school dining areas, hallways, and classrooms. Staff members who provide nutrition education shall have the appropriate training.<sup>5</sup>